

Cicero Community Center Activities



"Stay in the Game" BASKETBALL OPEN GYM

After school from 3:00PM to 5:30PM Monday to Friday
Monday, Tuesday and Thursday Evenings 7-8:15pm
Saturdays 9:00AM to 11:00AM 1-2:45pm
 5th Grade to 8th Grade Free with Student ID or Library Card
 High School and College Students Free with Student ID
 Adults \$3.00 with ID
 Children 4th Grade and younger must be accompanied by parent or guardian.
 White Soled Gym Shoes Required



Step Aerobics

Offered: Monday, Wednesday, and Thursday 6-7pm
Friday and Saturday 9-10am
Fee: \$1.50 per Class
For: Ages 18 and Up (Seniors Require a Doctors Note)
 (Enrollment is limited first come first serve basis - Cicero Residents)



Bump! Set! Spike!

Open Evening Volleyball - Friday Nights 6-8:15pm

Ages 12 and Over
 Cicero Student ID, Cicero Library Card, State ID, or Drivers License White Soled Gym Shoes Required



COMPUTER CLASSES FOR SENIORS, ADULTS, AND CHILDREN

The Cicero Community Center is offering bi-lingual computer classes for Seniors, Adults, and children (4th thru 8th Grade). Courses will offer a variety of software applications. Students will also learn how a computer operates and the use of peripheral devices. Most courses will be 8 sessions meeting once a week. Upon completion student will be able to demonstrate knowledge of basic computer applications. A nominal fee may apply. For information call or come in to register at the **Cicero Community Center 708-656-3600 x160.**

"NEW" OPEN COMPUTER LABS for Cicero Residents

Day and Evening open lab times are now available!!!!

9am-1pm - Monday, Wednesday, and Friday

3:30-7pm - Tuesday, Thursday, and Friday

11am-2pm - Saturday

Lab times can be canceled without prior notice!

Computers are on a first come first serve basis for one hour time slots. Residents must show current ID information and sign waiver/release forms. Register in the Administrative Office.



CICERO ADULT/SENIOR EXERCISE CLASS

A low impact exercise class for Seniors to improve their flexibility, balance and strength.

Offered: Wednesday and Friday 10:15-11am

For: Adults/Seniors (Age 50 and up) SENIORS AGE 62 and up DOCTOR'S NOTE REQUIRED TO PARTICIPATE

Fee: FREE (Cicero Residents Only)

"PARENT & TODDLER GYM TIME PROGRAM"



A parent and toddler (up to age 4) program offering many different activities for both to explore and spend playtime together. Parent supervision/participation required. Come join the fun!

Offered: 9:30-11:30am Tuesday and Thursday

Fee: FREE (Cicero Residents) \$3.00 (Non-Residents)

Parent And Child Together (P.A.C.T.) of Cicero - Offered by the Children's Center

The children's Center is offering Parent and Child (2yrs old and under) activities. We will be offering a variety of classes which may include music and movement, toddler yoga, infant massage, stories, play with purpose and parent workshops.

Offered: Wednesday 9:30-11:30am Thursday 9:30-11:30am

Ages & Stages screening by appointment, if you have any questions please call

Maria Galvez at (708) 516-6165



ENGLISH AS A SECOND LANGUAGE CLASSES (ESL Classes)

Classes are a partnership with the Town of Cicero Community Center and Morton College. For registration information call Morton College at 656-8000 x794.

For information on facility usage call 708-656-3600 x160